



Immunity



JUST
GOOD
STUFF.



Information on each ingredient:

Organic Baobab

It has been found that organic baobab has six times more antioxidants than blueberries, ten times more Vitamin C than oranges and six times more potassium than bananas. It offers twice the calcium of milk and more magnesium than coconut water. This nutritional density can rarely be found all at once in just a single fruit.

Organic Flaxseed

The nutritional profile of organic flax seed is pretty impressive. An ounce of flax seeds will give you a big hit of omega-3, fibre, protein, manganese, Vitamin-B1, phosphorous, iron, zinc, copper and more. Flax seed also helps with the Protection of Cells from Oxidative Stress.

Organic Dried Dates

Dried dates are rich in polyphenols. These compounds provide a wide variety of health benefits, such as better digestion, diabetes management, and even cancer prevention. While many dried fruits have high polyphenol content, dried dates are the richest source.

Organic Carrot

Carrot powder has potent antioxidant properties with high content of beta-carotene, Vitamins (Vitamin A, Vitamin C, Vitamin K and Vitamin B6) & Minerals (Zinc, Manganese, Magnesium, Potassium and Calcium), helps Protect Cells, Proteins & Enzymes from Environmental Stress.

Organic Camu-Camu

Analysis showed camu camu berry has the highest concentration of Vitamin C of any known plant in the world. If an orange can offer 1,000ppm of Vitamin C—and that is already high—camu berry can provide as high as 50,000ppm! That's about two grams of Vitamin C for every 100 grams of fruit. It contains antioxidants, aiding in protecting against free radicals. Also, it offers anti-inflammatory properties and bioflavonoids for overall health.

Organic Goji

Goji is a powerhouse of antioxidants, amino acids, phytochemicals, complex compounds, polysaccharides, vitamins and minerals. It has 18 amino acids—eight of them essential ones. Goji berries even contain Vitamin E which can rarely be found in fruits.

Goji berries are known to have a high absorbance capacity (ORAC or Oxygen Radical Absorbance Capacity value) which is why it is considered the most powerful anti-ageing food in the world.

Organic Ginger

Dry ginger powder can soothe stomach irritation, headache, and the common cold. It also revs up metabolism and has anti-inflammatory properties. In addition, ginger powder is effective for weight loss, flatulence, urinary infections, migraine, and acne.

Organic Cinnamon

Cinnamon is rich in antioxidants and other beneficial compounds. Some research suggests that it may help support blood sugar control, protect against heart disease, and reduce inflammation. Cinnamon is a spice that has been prized for its medicinal properties for thousands of years.

Organic Ginseng (Siberian)

Ginseng has been shown to boost the immune system. Studies show ginseng contains ginsenosides which help suppress the severity of coughs and colds. It may even help decrease the risk of contracting other respiratory problems. It also boosts energy. The ancients knew and have used ginseng to boost energy. But it is only much later that research has proven ginseng can help people who are weak, tired and stressed out.

Organic Acerola

Acerola is most well-known for being extremely rich in vitamin C. Because of this, it's often used to help with or prevent colds or flu. It's also used as an antioxidant nutrient. Together with vitamin C, acerola may be taken to boost immunity.

Organic Acai

Packed with Antioxidants including Vitamin E Acai actually has over five times more antioxidants than other common berries, which also contributes to the protection of cells from oxidative stress. Acai berries also contain some good amounts of minerals such as potassium, manganese, copper, iron, and magnesium. Potassium is an important component that contributes to help maintain normal blood pressure, muscular and neurological function.

Organic Turmeric

Organic turmeric powder is rich in curcumin, a powerful anti-inflammatory and antioxidant. It supports joint health, brain function, and aids digestion. Turmeric also promotes heart health and can boost the immune system. Organic sourcing ensures no pesticides or harmful chemicals.

Organic Vita-algae D™

Vita-algae D™ is a sustainable vegan suitable form of cholecalciferol (Vitamin D3), derived 100 % from algae. Vitamin D3 contributes to the maintenance of strong bones and teeth and in the absorption of calcium and phosphorous. It maintains the normal function of the immune system.

Nutrients

Nutrition Values	Per 100g	Per 10g Serving
Energy	1134kJ/291kcal	113.4kJ/29.1kcal
Fat	3.2g	0.32g
of which saturates	0.5g	0g
Carbohydrate	56g	5.6g
of which sugars	28g	2.8g
Protein	11g	1.1g
Salt	0.23g	0.023g